

**COURSE NAME:** PNE110 Professional Growth I

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Credit Value: 3  
Total Course Hours: 42  
Prerequisite Course(s): None  
Corequisite Course(s): None

## COURSE DESCRIPTION

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This course will examine personal learning styles, the concepts of teaching and learning, and their importance in the practice of practical nursing. Critical thinking and research as it applies to nursing practice will be studied. The concepts of caring, standards of practice, and reflective practice will be introduced. The learner will have the opportunity to explore the evolution of nursing, nursing theories, and the philosophy of nursing. Professional nursing organizations will be introduced.

## LAND ACKNOWLEDGEMENT

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Canadore College resides on the traditional territory of the Anishinaabeg and within lands protected by the Robinson Huron Treaty of 1850. This land is occupied by the people of Nipissing First Nation since time immemorial.

## PLAR INFORMATION

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This course is not eligible for Prior Learning Assessment and Recognition.

## COURSE LEARNING OUTCOMES

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Upon completion of this course, the student will have reliably demonstrated the ability to:

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| <p>1.0 Utilize knowledge of personal learning styles and reflective journaling to demonstrate self-awareness and enhance success in providing culturally safe and compassionate client care.</p> <ul style="list-style-type: none"><li>1.1 Examine learning theories.</li><li>1.2 Discover personal learning style.</li><li>1.3 Identify ways to enhance personal learning style.</li><li>1.4 List activities that will enhance learning style.</li><li>1.5 Define reflection.</li><li>1.6 Describe the purpose of reflective journals and how they can contribute to improved culturally safe and compassionate care in nursing.</li><li>1.7 Create reflective journals using the College of Nurses of Ontario reflective practice guidelines.</li></ul> <p>2.0 Describe the concepts of teaching and learning.</p> <ul style="list-style-type: none"><li>2.1 Define teaching and learning.</li><li>2.2 Describe the similarities and differences</li></ul> | <p>between teaching and learning.</p> <ul style="list-style-type: none"><li>2.3 Explain the domains of learning.</li><li>2.4 Describe the assessment of learning needs, planning of teaching and evaluation of learning.</li><li>2.5 Describe teaching/learning strategies.</li></ul> <p>3.0 Examine critical thinking process.</p> <ul style="list-style-type: none"><li>3.1 Define critical thinking.</li><li>3.2 Explore the importance of critical thinking for nurses in being able to respond within a changing health care system.</li><li>3.3 Identify critical thinking skills and nursing attitudes.</li><li>3.4 Explore and enhance own critical thinking skills.</li><li>3.5 Discuss the relationship between critical thinking, continuous quality improvement and evidence-based nursing process.</li></ul> <p>4.0 Examine the evolution of nursing.</p> <ul style="list-style-type: none"><li>4.1 Explore the historical development of nursing in Canada.</li><li>4.2 Describe the role of religion in the development of the practice of nursing.</li><li>4.3 Describe the contributions of selected</li></ul> |
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- nurses to nursing and society.
- 4.4 Explore, from a historical perspective, the contribution of the nursing profession to society.
- 4.5 Explore the evolution of professional nursing organizations.
- 5.0 Demonstrate knowledge of the philosophy and theoretical frameworks used in nursing practice.
- 5.1 Define philosophy.
- 5.2 Examine own personal philosophy of nursing.
- 5.3 Describe the philosophy of the Canadore College practical nursing program.
- 5.4 Compare personal and program philosophies.
- 5.5 Define a conceptual framework.
- 5.6 Compare the theoretical approaches of selected nurse theorists, with emphasis on Gordon's Functional Health Patterns.
- 5.7 Describe the practical nursing program conceptual framework.
- 6.0 Explore the role of the nurse and the professional organizations in the practice of nursing.
- 6.1 Participate in activities to discover the role of the professional caring nurse.
- 6.2 Name the professional organizations, which support or regulate the practice of practical nurses.
- 6.3 Describe the mandate and responsibilities of each of the professional organizations, which support or regulate the practice of practical nurses (incl. CNO, WeRPN, RNAO, CNA).
- 6.4 Describe how the CNO Standards of Practice (e.g. Code of Conduct) ensure competent and ethical nursing practice.
- 7.0 Describe the concept of a profession and the role of Standards of Practice in the regulation of nursing as a profession.
- 7.1 Describe the attributes and characteristics of a profession and identify behaviours that reflect professionalism.
- 7.2 Describe nursing as a profession.
- 7.3 Describe and discuss the concepts of Scope of Practice, self regulation, delegation and nursing accountability.
- 7.4 Define ethical framework.
- 7.5 Describe ethical behaviour in nursing based on professional organization guidelines.
- 7.6 Explain the mandate of the College of Nurses of Ontario, and relevant legal acts (RHPA, Nursing Act).
- 7.7 Describe the CNO Standards of Practice (e.g. Code of Conduct), in relation to fitness to practice and duty of care and examine how these can be used to enhance a nurse's accountability while influencing nursing practice.
- 7.8 Review CNO website and Professional Standards Learning Module among other CNO standards.
- 7.9 Review concepts of informed consent, sharing of information and rights of the client. Explore how these concepts may impact the decision making of the nurse and/or client. Explore the CNO Learning Module on Consent.
- 8.0 Describe the importance of nursing research and the research expectations of practical nurses.
- 8.1 Define research.
- 8.2 Explore sources of research and the concept of credibility (E.g. RNAO Best Practice Guidelines, Guidelines for Selection of a credible online source).
- 8.3 Explain how research is used to improve quality care.
- 8.4 Explain how nursing research influences practice and note any trends or changes that have impacted nursing knowledge/practice overall.
- 8.5 Describe how the practical nurse participates in research.
- 8.6 Explain the importance of practical nurse participation in research.
- 8.7 Identify key findings in non-complex research articles.
- 9.0 Demonstrate understanding of the use of information technology in nursing practice, education and research.
- 9.1 Describe how information technology can be used in nursing, including any potential

implications and risks to nursing practice or the client.

9.2 Utilize electronic databases to locate credible research articles.

9.3 Describe computer documentation of client information and care (e.g. EDOC, Meditech, Point Click Care).

9.4 Explain how confidentiality of client

information is maintained within the circle of care when using computerized health information systems (e.g., Relevant legislation {PHIPPA}, making referrals, obtaining consultations and reviewing lab results).

9.5 Communicate with and transmit information to faculty and /or classmates using Email messaging systems.

## GENERAL EDUCATION

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This is not a General Education course.

## PROGRAM OUTCOMES

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This course contributes to the following Ministry of Colleges and Universities approved program learning outcomes (PLO):

### Practical Nursing

1. communicate therapeutically with clients and members of the health care team.
2. assess clients across the life span, in a systematic and holistic manner.
3. plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines.
4. select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, to promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.
5. evaluate the outcomes resulting from all interventions in the nurse-client interaction and modify the plan of care as required.
6. act equitably and justly with clients and members of the health care team.
7. adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.
8. contribute to creating a healthy and safe work environment in a variety of health care settings.
9. practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.

## ESSENTIAL EMPLOYABILITY SKILLS OUTCOMES

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This course contributes to the following Ministry of Colleges and Universities approved essential employability skills (EES) outcomes:

1. Communicate clearly, concisely, and correctly in the written, spoken, and visual form that fulfils the purpose and meets the needs of the audience.
2. Respond to written, spoken, or visual messages in a manner that ensures effective communication.
4. Apply a systematic approach to solve problems.
5. Use a variety of thinking skills to anticipate and solve problems.
6. Locate, select, organize, and document information using appropriate technology and information systems.
7. Analyse, evaluate, and apply relevant information from a variety of sources.
8. Show respect for the diverse opinions, values, belief systems, and contributions of others.

9. Interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of goals.
10. Manage the use of time and other resources to complete projects.
11. Take responsibility for one's own actions, decisions, and consequences.

## EXTERNAL COURSE ACCREDITATIONS AND CONDITIONS

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This course is a compulsory course within the Practical Nursing Program, as reviewed and approved by the College of Nurses of Ontario.

## COURSE EVALUATION

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Evaluation Item	Weight
Tests	70
Assignment	30

## COURSE PASS GRADE

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60

## GRADING SYSTEM

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A+:	90-100%	B+:	77-79%	C+:	65-69%	D:	50-54%	S - Satisfactory
A:	85-89%	B:	73-76%	C:	60-64%	F:	0-49%	I - Incomplete
A-:	80-84%	B-:	70-72%	D+:	55-59%			F- Repeat Course, included in GPA
								FS- Failure Supplemental
								FR- Repeat course, excluded from GPA

\*For a complete chart of grades and descriptions, please see the Grading Policy.

## LEARNING RESOURCES

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No textbooks have been identified for this course.

Additional Learning Resources:

Most of the required textbooks for the program are bundled into a Total Solution Package (TSP) through our publisher Elsevier. The TSP package includes eBooks as well as access to all the required online resources such as Sherpath, Clinical Skills videos, Shadow Health simulations, Adaptive Quizzing EAQ's, HESI preparatory exams and software for this course and many others throughout the program. Textbooks and course resources

that are not included in the TSP must be purchased independently, as listed in each course outline and syllabus. Resources listed on the course outline support the achievement of learning outcomes and may be used throughout the course/program to varying degrees depending on the instructor's teaching methodology and the nature of the resource. Faculty may, at their discretion, integrate TSP resources into class activities, graded assessments, or preparatory work for courses/labs/clinicals and the College of Nurses of Ontario registration exam.

The fee for this bundle will be charged to your student account as part of the semester program fees. The bundle fee is intended to be rolled into your Program Fees at the beginning of each academic year; however, the Administration reserves the right to post it as a separate charge later in the term or each semester. Please monitor your student account for any subsequent billing and direct any questions to the Admissions Office. For the fee structure please see <https://cdn.agilitycms.com/canadore-college/eText%20eResource%20Fees.pdf> Upon entry to the program students will have the option of accepting the full package or to "opt out" of the nonevaluative resources of the package. If they choose to "opt out", they will be required to meet with the program coordinator to discuss the TSP and sign a declaration prior to 4:00 pm on the first Friday of the first semester of the program/year. After this deadline, access for the entirety of the program is final and non-refundable. Full deployment of the resources will begin shortly after the opt-out window closes.

Please see the [Campus Bookstore](#) to verify the current textbook costs and your [program page](#) for additional program fees and/or learning material requirements (see the "Tuition Fees" and "What You Need" sections).

Resources listed on the course outline support the achievement of learning outcomes, and may be used throughout the course to varying degrees depending on the instructor's teaching methodology and the nature of the resource.

Technology requirements - <https://www.canadorecollege.ca/BYOD>

The Harris Learning Library's staff can help you find resources to support your learning - [www.eclibrary.ca](http://www.eclibrary.ca)

## LEARNING ACTIVITIES

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In class activities

## DELIVERY MODE

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This course may be delivered, in whole or in part, in a number of modalities, including In-Person, Remote (synchronous and/or asynchronous), hybrid, or Hyflex, as per accreditation and/or regulatory standards where appropriate. This information is identified on the course schedule (student and faculty).

## RECORDING GUIDELINES

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This class may be recorded by faculty of the College. Faculty will inform students when recording of the class commences and ceases. 'Recorded' means that the audio-visual and chat portions of the class will be recorded and then be stored on the College or vendor provider server. They will be made available to students, but only for the express and sole use of those registered in this course. If you have any questions or concerns about this recording, please contact your instructor or the College's privacy officer at [privacy.officer@canadorecollege.ca](mailto:privacy.officer@canadorecollege.ca).

Full recording guidelines can be found at: <https://cdn.agilitycms.com/canadore-college/academic-centre-of-excellence/Canadore%20Recording%20Guidelines.pdf>. Recordings are to be managed (or removed) as per the College's Recording Guidelines following the completion of the course.

## ACADEMIC POLICIES

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Canadore College is committed to the highest standards of academic integrity, and expects students to adhere to these standards as part of the learning process in all environments. The College's Academic Integrity policy seeks to ensure that all students understand their rights and responsibilities in upholding academic integrity and that students receive an accurate and fair assessment of their work. Please review the Academic Integrity policy (A-18) and other academic policies found on our website:

<https://www.canadorecollege.ca/about/policies>.

## COLLEGE POLICIES

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- Protecting human rights in support of a respectful college community

For college policies please see: <http://www.canadorecollege.ca/about-us/college-policies>.

## Accessibility Learning Services for Students with Disabilities - Student Success Services

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Student Success Services provides comprehensive support to students. We aim to ensure that all students have equal access to educational opportunities and can succeed in their academic journey. Our services focus on reducing and eliminating barriers related to education through individualized accommodations and support. If you are a student with a disability, we encourage you to register with Accessible Learning by completing the Student Success – Accessible Learning Services Form ([https://canadorecollege-accommodate.symphlicity.com/public\\_accommodation/](https://canadorecollege-accommodate.symphlicity.com/public_accommodation/)).

For more detailed information about the services offered, please visit our webpage:

<https://isucceed.canadorecollege.ca/students>. To connect with Student Success Services email [studentsuccessnow@canadorecollege.ca](mailto:studentsuccessnow@canadorecollege.ca) or call 705.474.7600 ext 5205.

## FIRST PEOPLES' CENTRE:

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A culturally supportive and comfortable environment where you can study, socialize, and access a wide range of resources and confidential student focused services.

- Counselling services
- Elders on Campus and Cultural Advisors
- Cultural and Spiritual Wellness
- Peer tutoring/Peer Mentorship
- wholistic support network

- Social events and workshops on study skills, self-care & life skills

Drop by our offices at C254 College Drive, W103 Commerce Court or Call 705-474-7600 Ext. 5961

<https://www.canadorecollege.ca/first-peoples-centre>

### **WAIVER OF RESPONSIBILITY**

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Every attempt is made to ensure the accuracy of this information as of the date of publication. The college reserves the right to modify, change, add, or delete content.

### **HISTORICAL COURSE OUTLINES**

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Students use course outlines to support their learning. Students are responsible for retaining course outlines for future use in applications for transfer of credit to other educational institutions.

### **ADDITIONAL DISCLAIMER NOTE**

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Students are expected to adhere to the policies and procedures as outlined in the Practical Nursing Student Success Guide 2024-2025. All previous guides will not apply.