CANADORE
college

COURSE NAME:	PNE114 Nursing Theory I

Credit Value:	3
Total Course Hours:	42
Prerequisite Course(s):	None
Corequisite Course(s):	None

COURSE DESCRIPTION

This course will introduce the learner to the theoretical and conceptual frameworks of health and healthy lifestyles using the nursing process. The dimensions of human needs across the lifespan, reflecting Gordon's Functional Health Patterns, will be explored with an emphasis on the significance of client self-responsibility, the determinants of Health and the change process. This course will utilize concepts from various social and biological sciences.

LAND ACKNOWLEDGEMENT

Canadore College resides on the traditional territory of the Anishinaabeg and within lands protected by the Robinson Huron Treaty of 1850. This land is occupied by the people of Nipissing First Nation since time immemorial.

PLAR INFORMATION

This course is eligible for Prior Learning Assessment and Recognition. Students are advised to discuss options with their program coordinator.

COURSE LEARNING OUTCOMES

Upon completion of this course, the student will have reliably demonstrated the ability to:

1.0 Explain the theoretical and conceptual frameworks of health.

1.1 Propose a personal definition of health and wellness.

1.2 Compare and contrast models/frameworks of health and wellness including Gordon's Functional Health Patterns.

1.3 Explain the concepts of health promotion and health protection.

1.4 Discuss the relationship between empowerment and health.

1.5 Describe the meaning of lived experience in relationship to health.

1.6 Develop personal strategies to promote and protect health.

1.7 Consider the roles of others in determining their own professional and interprofessional roles.

2.0 Describe the determinants of health and healthy lifestyles and how these impact client care.

2.1 Explain how socio-economic status and education impact an individual's health.

2.2 Defend the significance of an individual's biological and genetic endowment and gender on personal health.

2.3 Explain the effects of the physical environment on an individual's and community's health status.

2.4 Describe how culture, race, ethnicity and spirituality are relevant in health care.

2.5 Explain the significance of an individual's perception of health, health practices, and coping skills on his/her health.

2.6 Examine present health services and how these impact present and future health statistics.

2.7 Describe how health is viewed and impacted at different stages of the developmental cycle.

2.8 Examine the role of the family in an individual's choice of health practices.

3.0 Examine the nursing process.

3.1 Identify the five steps of the nursing process.

3.2 Identify and apply critical thinking and problem-solving frameworks utilized in each step of the nursing process.

3.3 Identify various methods of data- collecting and the need for inter-professional collaboration in conducting a nursing assessment including the client and the family.

3.4 Formulate nursing diagnosis/judgements about a client's functional state of health or response to a health problem.

3.5 Plan nursing interventions in collaboration with the patient to achieve desired outcomes (goals).

3.6 Implement relevant and scientific- based nursing interventions to achieve expected outcomes (goals).

3.7 Evaluate the client's response to selected nursing interventions and achievement of expected outcomes (goals).

3.8 Discuss the concept and use of best practice guidelines within the nursing process

4.0 Identify concepts of holistic wellness (physiologic, psychosocial, spiritual etc.) across the lifespan using Gordon's Functional Health Patterns. Consider how to assess the norms of healthy functioning and how health is impacted overall.

4.1 Role/relationship pattern.

4.2 Sexuality/reproductive pattern.

4.3 Self-perception/self-concept pattern.

4.4 Coping/stress tolerance pattern.

4.5 Elimination, bowel/urinary.

4.6 Cognitive/perceptual pattern.

4.7 Activity/exercise pattern.

4.8 Sleep/rest pattern.

4.9 Health/health management pattern.

4.10 Nutritional-metabolic pattern.

4.11 Values and Beliefs.

5.0 Apply behavioural change theory to personal and inter professional situations.

5.1 Explain change theories and models.

5.2 Describe the stages of change.

5.3 Explain factors influencing behavioural change decisions.

5.4 Identify behavioural change techniques in the context of nursing care planning

5.5 Propose strategies for dealing with resistance to change.

GENERAL EDUCATION

This is not a General Education course.

PROGRAM OUTCOMES

This course contributes to the following Ministry of Colleges and Universities approved program learning outcomes (PLO):

Practical Nursing

1. communicate therapeutically with clients and members of the health care team.

2. assess clients across the life span, in a systematic and holistic manner.

3. plan safe and competent nursing care, based upon a thorough analysis of available data and evidence- informed practice guidelines.

4. select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, to promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.

5. evaluate the outcomes resulting from all interventions in the nurse-client interaction and modify the plan of care as required.

6. act equitably and justly with clients and members of the health care team.

7. adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.

8. contribute to creating a healthy and safe work environment in a variety of health care settings.

9. practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.

ESSENTIAL EMPLOYABILITY SKILLS OUTCOMES

This course contributes to the following Ministry of Colleges and Universities approved essential employability skills (EES) outcomes:

1. Communicate clearly, concisely, and correctly in the written, spoken, and visual form that fulfils the purpose and meets the needs of the audience.

2. Respond to written, spoken, or visual messages in a manner that ensures effective communication.

4. Apply a systematic approach to solve problems.

5. Use a variety of thinking skills to anticipate and solve problems.

6. Locate, select, organize, and document information using appropriate technology and information systems.

7. Analyse, evaluate, and apply relevant information from a variety of sources.

8. Show respect for the diverse opinions, values, belief systems, and contributions of others.

9. Interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of goals.

10. Manage the use of time and other resources to complete projects.

11. Take responsibility for one's own actions, decisions, and consequences.

EXTERNAL COURSE ACCREDITATIONS AND CONDITIONS

This course is a compulsory course within the Practical Nursing Program, as reviewed and approved by the College of Nurses of Ontario.

COURSE EVALUATION

Evaluation Item	Weight
Tests	60%
Adaptive Quizzes and Case studies	15%
Final Comprehensive Exam	25%

COURSE PASS GRADE

60

GRADING SYSTEM

A+:	90-100%	B+:	77-79%	C+:	65-69%	D:	50-54%	S - Satisfactory
A:	85-89%	B:	73-76%	C:	60-64%	F:	0-49%	I - Incomplete

A-:	80-84%	B-:	70-72%	D+:	55-59%

F- Repeat Course, included in GPA

FS- Failure Supplemental

FR- Repeat course, excluded from GPA

*For a complete chart of grades and descriptions, please see the Grading Policy.

LEARNING RESOURCES

Course Textbooks:

Title:
Author:
Publisher:
Edition:
Print ISBN:
eBook ISBN:

Additional Learning Resources:

Most of the required textbooks for the program are bundled into a Total Solution Package (TSP) through our publisher Elsevier. The TSP package includes eBooks as well as access to all the required online resources such as Sherpath, Clinical Skills videos, Shadow Health simulations, Adaptive Quizzing EAQ's, HESI preparatory exams and software for this course and many others throughout the program. Textbooks and course resources that are not included in the TSP must be purchased independently, as listed in each course outline and syllabus. Resources listed on the course outline support the achievement of learning outcomes and may be used throughout the course/program to varying degrees depending on the instructor's teaching methodology and the nature of the resource. Faculty may, at their discretion, integrate TSP resources into class activities, graded assessments, or preparatory work for courses/labs/clinicals and the College of Nurses of Ontario registration exam.

The fee for this bundle will be charged to your student account as part of the semester program fees. The bundle fee is intended to be rolled into your Program Fees at the beginning of each academic year; however, the Administration reserves the right to post it as a separate charge later in the term or each semester. Please monitor your student account for any subsequent billing and direct any questions to the Admissions Office. For the fee structure please see https://cdn.agilitycms.com/canadore-college/eText%20eResource%20Fees.pdf

Upon entry to the program students will have the option of accepting the full package or to "opt out" of the nonevaluative resources of the package. If they choose to "opt out", they will be required to meet with the program coordinator to discuss the TSP and sign a declaration prior to 4:00 pm on the first Friday of the first semester of the program/year. After this deadline, access for the entirety of the program is final and non-refundable. Full deployment of the resources will begin shortly after the opt-out window closes.

BYOD https://www.canadorecollege.ca/bring-your-own-device

Please see the Campus Bookstore to verify the current textbook costs and your program page for additional

program fees and/or learning material requirements (see the "Tuition Fees" and "What You Need" sections).

Resources listed on the course outline support the achievement of learning outcomes, and may be used throughout the course to varying degrees depending on the instructor's teaching methodology and the nature of the resource.

Technology requirements - https://www.canadorecollege.ca/BYOD

The Harris Learning Library's staff can help you find resources to support your learning - www.eclibrary.ca

LEARNING ACTIVITIES

Lectures and Discussions, web-based activities, small group work, care planning activities with application of best practice guidelines

DELIVERY MODE

This course may be delivered, in whole or in part, in a number of modalities, including In-Person, Remote (synchronous and/or asynchronous), hybrid, or Hyflex, as per accreditation and/or regulatory standards where appropriate. This information is identified on the course schedule (student and faculty).

RECORDING GUIDELINES

This class may be recorded by faculty of the College. Faculty will inform students when recording of the class commences and ceases. 'Recorded' means that the audio-visual and chat portions of the class will be recorded and then be stored on the College or vendor provider server. They will be made available to students, but only for the express and sole use of those registered in this course. If you have any questions or concerns about this recording, please contact your instructor or the College's privacy officer at privacy.officer@canadorecollege.ca. Full recording guidelines can be found at: https://cdn.agilitycms.com/canadore-college/academic-centre-of-excellence/Canadore%20Recording%20Guidelines.pdf. Recordings are to be managed (or removed) as per the College's Recording Guidelines following the completion of the course.

INTERPROFESSIONAL EDUCATION

All full-time programs of study at Canadore College strive to provide students with opportunities for interprofessional education. This course provides students with interprofessional education through:

Core course content
Introductory case discussions
Large introductory event
Case discussions

ACADEMIC POLICIES

Canadore College is committed to the highest standards of academic integrity, and expects students to adhere to these standards as part of the learning process in all environments. The College's Academic Integrity policy seeks to ensure that all students understand their rights and responsibilities in upholding academic integrity and that students receive an accurate and fair assessment of their work. Please review the Academic Integrity policy (A-18) and other academic policies found on our website: https://www.canadorecollege.ca/about/policies.

COLLEGE POLICIES

• Protecting human rights in support of a respectful college community

For college policies please see: http://www.canadorecollege.ca/about-us/college-policies.

Accessibility Learning Services for Students with Disabilities - Student Success Services

Student Success Services provides comprehensive support to students. We aim to ensure that all students have equal access to educational opportunities and can succeed in their academic journey. Our services focus on reducing and eliminating barriers related to education through individualized accommodations and support. If you are a student with a disability, we encourage you to register with Accessible Learning by completing the Student Success – Accessible Learning Services Form (https://canadorecollege-accommodate.symplicity.com/public_accommodation/).

For more detailed information about the services offered, please visit our webpage: https://isucceed.canadorecollege.ca/students. To connect with Student Success Services email studentsuccessnow@canadorecollege.ca or call 705.474.7600 ext 5205.

FIRST PEOPLES' CENTRE:

A culturally supportive and comfortable environment where you can study, socialize, and access a wide range of resources and confidential student focused services.

• Counselling services
• Elders on Campus and Cultural Advisors
• Cultural and Spiritual Wellness
• Peer tutoring/Peer Mentorship
• wholistic support network
• Social events and workshops on study skills, self-care & life skills

Drop by our offices at C254 College Drive, W103 Commerce Court or Call 705-474-7600 Ext. 5961

https://www.canadorecollege.ca/first-peoples-centre

WAIVER OF RESPONSIBILITY

Every attempt is made to ensure the accuracy of this information as of the date of publication. The college reserves the right to modify, change, add, or delete content.

HISTORICAL COURSE OUTLINES

Students use course outlines to support their learning. Students are responsible for retaining course outlines for future use in applications for transfer of credit to other educational institutions.

ADDITIONAL DISCLAIMER NOTE

Students are expected to adhere to the policies and procedures as outlined in the Practical Nursing Student Success Guide 2024-2025. All previous guides will not apply.