

COURSE NAME: PNE123 Health Assessment

Credit Value: 4
Total Course Hours: 56
Prerequisite Course(s): IAP100
Corequisite Course(s): IAP 120

COURSE DESCRIPTION

This course will provide the learner with the skills required to conduct a holistic health assessment for a normal healthy client during all stages of the lifespan, with more of the focus on the adult client. The concepts of wellness, health promotion, health protection and client teaching will be integrated throughout the course. This course has two components: theory lecture and laboratory practicum.

LAND ACKNOWLEDGEMENT

Canadore College resides on the traditional territory of the Anishinaabeg and within lands protected by the Robinson Huron Treaty of 1850. This land is occupied by the people of Nipissing First Nation since time immemorial.

PLAR INFORMATION

This course is eligible for Prior Learning Assessment and Recognition. Students are advised to discuss options with their program coordinator.

COURSE LEARNING OUTCOMES

Upon completion of this course, the student will have reliably demonstrated the ability to:

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| <p>1.0 Utilize a framework to conduct a holistic health assessment for a healthy client during all stages of the lifespan.</p> <ul style="list-style-type: none">1.1 Discuss the purpose of health assessment.1.2 Explore frameworks that guide health assessment. <p>2.0 Perform a comprehensive health examination of a healthy individual.</p> <ul style="list-style-type: none">2.1 Describe the impact of communication skills on the interview process.2.2 Discuss how to adapt interview techniques to facilitate a health assessment.2.3 Discuss ethno-cultural factors to be considered in the performance of a health assessment.2.4 Discuss elements of a nursing health history.2.5 Review a nursing health history for each body system.2.6 Organize assessment data using a framework.2.7 Identify the appropriate equipment/technology used in a physical examination including current and evidence | <p>based assessment tools (GCS, Braden scale, MMSE).</p> <ul style="list-style-type: none">2.8 Demonstrate the correct use of the equipment/technology.2.9 Demonstrate basic physical examination techniques for each body system.2.10 Discuss how to adapt physical examination techniques to various age groups.2.11 Discuss examination techniques specific to each body system.2.12 Identify age related variations and basic deviations from expected findings and the need for enhanced assessments and/or inter-professional collaboration.2.13 Perform a basic physical examination utilizing a framework. <p>3.0 Integrate basic health promotion strategies during health assessment.</p> <ul style="list-style-type: none">3.1 Identify appropriate health and lifestyle teaching to be provided during a nursing health history and a basic physical examination. <p>4.0 Lecture/Lab Specific Outcome</p> <ul style="list-style-type: none">4.1 Demonstrate appropriate professional |
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behaviour (defined by the Canadore College Practical Nursing Student Success Guide).

4.2 Identify self as a beginning practical nursing student in caring relationships with others using the nursing process.

4.3 Communicate clearly, concisely and accurately while interacting with a client. Obtaining consent from the client to conduct a Health history and physical assessment..

4.4 Engage in therapeutic communication, integrating appropriate medical terminology, throughout the nurse-client interaction while explaining procedures and engaging client participation in care.

4.5 Demonstrate appropriate hand hygiene and routine precautions to safeguard against transmission of organisms.

4.6 Develop time management skills to prioritize, organize and document assessments in the lab.

4.7 Demonstrate accountability in their learning and nursing actions, based on accepted standards of nursing care, course expectations and in accordance with standards of professional practice.

4.8 Accurately documents health assessment findings in hardcopy/electronic utilizing appropriate terminology

GENERAL EDUCATION

This is not a General Education course.

PROGRAM OUTCOMES

This course contributes to the following Ministry of Colleges and Universities approved program learning outcomes (PLO):

Practical Nursing

1. communicate therapeutically with clients and members of the health care team.
2. assess clients across the life span, in a systematic and holistic manner.

ESSENTIAL EMPLOYABILITY SKILLS OUTCOMES

This course contributes to the following Ministry of Colleges and Universities approved essential employability skills (EES) outcomes:

4. Apply a systematic approach to solve problems.
5. Use a variety of thinking skills to anticipate and solve problems.
11. Take responsibility for one's own actions, decisions, and consequences.

EXTERNAL COURSE ACCREDITATIONS AND CONDITIONS

This course is a compulsory course within the Canadore College Practical Nursing program, as reviewed and approved by the College of Nurses of Ontario

COURSE EVALUATION

Evaluation Item	Weight
Quizzes/Tests/Exam/Lab Preparation	90%
Assignments/Documentation	10%
Midterm Lab Practicum Test	S

Final Lab Practicum Test

S

While Theory Tests/Quizzes/Assignments comprise 100% of the Final Letter Grade with a minimum average grade of 60% achieved- this is in addition to the successful completion of all the above listed course required components (Practical Skills Testing). If an S grade is not achieved in any of the required components, the final grade for the course will be an F grade.

COURSE PASS GRADE

60

GRADING SYSTEM

A+:	90-100%	B+:	77-79%	C+:	65-69%	D:	50-54%	S - Satisfactory
A:	85-89%	B:	73-76%	C:	60-64%	F:	0-49%	I - Incomplete
A-:	80-84%	B-:	70-72%	D+:	55-59%			F- Repeat Course, included in GPA
								FS- Failure Supplemental
								FR- Repeat course, excluded from GPA

*For a complete chart of grades and descriptions, please see the Grading Policy.

LEARNING RESOURCES

Course Textbooks:

Recommended:

Title: Pocket Companion for Physical Examination and Health Assessment
 Author: Carolyn Jarvis, PhD, APN, CNP, Annette J. Browne, RN, PhD, FCAHS, June MacDonald-Jenkins, RN, BScN, MSc and Marian Luctkar-Flude, RN, BScN, MScN
 Publisher:
 Edition: 4th Canadian Edition
 Print ISBN: Print ISBN- 9781771721547 or Ebook
 eBook ISBN:

Additional Learning Resources:

Most of the required textbooks for the program are bundled into a Total Solution Package (TSP) through our publisher Elsevier. The TSP package includes eBooks as well as access to all the required online resources such as Sherpath, Clinical Skills videos, Shadow Health simulations, Adaptive Quizzing EAQ's, HESI preparatory exams and software for this course and many others throughout the program. Textbooks and course resources that are not included in the TSP must be purchased independently, as listed in each course outline and syllabus. Resources listed on the course outline support the achievement of learning outcomes and may be used throughout the course/program to varying degrees depending on the instructor's teaching methodology and the nature of the resource. Faculty may, at their discretion, integrate TSP resources into class activities, graded assessments, or preparatory work for courses/labs/clinicals and the College of Nurses of Ontario

registration exam.

The fee for this bundle will be charged to your student account as part of the semester program fees. The bundle fee is intended to be rolled into your Program Fees at the beginning of each academic year; however, the Administration reserves the right to post it as a separate charge later in the term or each semester. Please monitor your student account for any subsequent billing and direct any questions to the Admissions Office. For the fee structure please see <https://cdn.agilitycms.com/canadore-college/eText%20eResource%20Fees.pdf> Upon entry to the program students will have the option of accepting the full package or to "opt out" of the nonevaluative resources of the package. If they choose to "opt out", they will be required to meet with the program coordinator to discuss the TSP and sign a declaration prior to 4:00 pm on the first Friday of the first semester of the program/year. After this deadline, access for the entirety of the program is final and non-refundable. Full deployment of the resources will begin shortly after the opt-out window closes.

Canadore Lab Specific Polo Shirt - Available for purchase at North Bay Marks Work Warehouse

Lab Specific Kits- fees are imbedded in the semester material fees and kits will be distributed in the lab section of this course.

Please see the [Campus Bookstore](#) to verify the current textbook costs and your [program page](#) for additional program fees and/or learning material requirements (see the "Tuition Fees" and "What You Need" sections).

Resources listed on the course outline support the achievement of learning outcomes, and may be used throughout the course to varying degrees depending on the instructor's teaching methodology and the nature of the resource.

Technology requirements - <https://www.canadorecollege.ca/BYOD>

The Harris Learning Library's staff can help you find resources to support your learning - www.eclibrary.ca

LEARNING ACTIVITIES

Onsite, online, and in person lab activities

DELIVERY MODE

This course may be delivered, in whole or in part, in a number of modalities, including In-Person, Remote (synchronous and/or asynchronous), hybrid, or Hyflex, as per accreditation and/or regulatory standards where appropriate. This information is identified on the course schedule (student and faculty).

RECORDING GUIDELINES

This class may be recorded by faculty of the College. Faculty will inform students when recording of the class commences and ceases. 'Recorded' means that the audio-visual and chat portions of the class will be recorded and then be stored on the College or vendor provider server. They will be made available to students, but only for the express and sole use of those registered in this course. If you have any questions or concerns about this recording, please contact your instructor or the College's privacy officer at privacy.officer@canadorecollege.ca. Full recording guidelines can be found at: <https://cdn.agilitycms.com/canadore-college/academic-centre-of-excellence/Canadore%20Recording%20Guidelines.pdf>. Recordings are to be managed (or removed) as per the

College's Recording Guidelines following the completion of the course.

EXPERIENTIAL LEARNING

All full-time programs of study at Canadore College strive to provide students with the opportunity for experiential learning. This course provides students with an experiential learning opportunity through:

Workplace/Lab Simulation (EL)

ACADEMIC POLICIES

Canadore College is committed to the highest standards of academic integrity, and expects students to adhere to these standards as part of the learning process in all environments. The College's Academic Integrity policy seeks to ensure that all students understand their rights and responsibilities in upholding academic integrity and that students receive an accurate and fair assessment of their work. Please review the Academic Integrity policy (A-18) and other academic policies found on our website: <https://www.canadorecollege.ca/about/policies>.

COLLEGE POLICIES

- Protecting human rights in support of a respectful college community

For college policies please see: <http://www.canadorecollege.ca/about-us/college-policies>.

Accessibility Learning Services for Students with Disabilities - Student Success Services

Student Success Services provides comprehensive support to students. We aim to ensure that all students have equal access to educational opportunities and can succeed in their academic journey. Our services focus on reducing and eliminating barriers related to education through individualized accommodations and support. If you are a student with a disability, we encourage you to register with Accessible Learning by completing the Student Success – Accessible Learning Services Form (https://canadorecollege-accommodate.symplicity.com/public_accommodation/).

For more detailed information about the services offered, please visit our webpage: <https://isucceed.canadorecollege.ca/students>. To connect with Student Success Services email studentsuccessnow@canadorecollege.ca or call 705.474.7600 ext 5205.

FIRST PEOPLES' CENTRE:

A culturally supportive and comfortable environment where you can study, socialize, and access a wide range of resources and confidential student focused services.

- Counselling services
- Elders on Campus and Cultural Advisors
- Cultural and Spiritual Wellness
- Peer tutoring/Peer Mentorship
- wholistic support network
- Social events and workshops on study skills, self-care & life skills

Drop by our offices at C254 College Drive, W103 Commerce Court or Call 705-474-7600 Ext. 5961

<https://www.canadorecollege.ca/first-peoples-centre>

WAIVER OF RESPONSIBILITY

Every attempt is made to ensure the accuracy of this information as of the date of publication. The college reserves the right to modify, change, add, or delete content.

HISTORICAL COURSE OUTLINES

Students use course outlines to support their learning. Students are responsible for retaining course outlines for future use in applications for transfer of credit to other educational institutions.

ADDITIONAL DISCLAIMER NOTE

Students are expected to adhere to the policies and procedures as outlined in the Practical Nursing Student Success Guide 2025-2026. All previous guides will not apply.