CANADORE
college

COURSE NAME:	PNE124 Nursing Theory II

Credit Value:	3
Total Course Hours:	42
Prerequisite Course(s):	PNE 114 PSY 200
Corequisite Course(s):	None

COURSE DESCRIPTION

This course will focus on health promotion and health protection strategies for selected individuals across the lifespan related to individuals, families, groups, and communities including applicable indigenous health knowledge and healing practices. This course will also examine the evolution and organization of Canada's Health Care System, while examining the changing role of nursing and nursing practice in relation to current health issues and future trends.

LAND ACKNOWLEDGEMENT

Canadore College resides on the traditional territory of the Anishinaabeg and within lands protected by the Robinson Huron Treaty of 1850. This land is occupied by the people of Nipissing First Nation since time immemorial.

PLAR INFORMATION

This course is not eligible for Prior Learning Assessment and Recognition.

COURSE LEARNING OUTCOMES

Upon completion of this course, the student will have reliably demonstrated the ability to:

1.0 Discuss health promotion and health protection strategies for each stage from infancy to late adulthood utilizing Gordon's Functional Health Patterns and the nursing process.

1.1 Discuss the impact of lifestyle choices on health promotion and health protection (including nutrition, activity/exercise, and wellness).

1.2 Discuss the importance of culture as a factor in health promotion and health protection.

1.3 Discuss age-appropriate health screening and evidence- based assessments.

1.4 Discuss age-related safety issues.

1.5 Identify health promotion/maintenance strategies for the infancy to late adulthood periods.

1.6 Discuss the role of the practical nurse in holistic health promotion from infancy to late adulthood.

1.7 Consider the roles of others in determining their own professional and interprofessional roles.

2.0 Describe the experience of the childbearing woman during the transition from prenatal to postpartum.

2.1 Discuss normal physiological changes in the pregnant woman.

2.2 Discuss the normal psychosocial concerns of the pregnant woman.

2.3 Explain the purpose for prenatal screening and diagnostic tests.

2.4 Discuss the impact of teratogens on prenatal development.

2.5 Discuss the psychosocial adaptation of the childbearing family.

2.6 Explore the scope of the role of a practical nurse during the perinatal period.

2.7 Describe normal physiological changes in the postpartum woman.

3.0 Describe the use of a functional health pattern framework in assessing families throughout the lifespan.

3.1 Define family.

3.2 Describe traditional family types/changing family types.

3.3 Identify the stages of family development.

3.4 Discuss the impact of culture on the family.

3.5 Describe parenting styles.

3.6 Discuss frameworks utilized in family assessment.

3.7 Apply a framework to assess a family.

3.8 Discuss health promotion and health protection strategies for families.

3.9 Discuss the role of the practical nurse in assisting individuals to be responsible in achieving/maintaining family health.

3.10 Develop a health promotion/health protection plan for a family.

3.11 Discuss the impact of domestic violence on the holistic health of a family.

4.0 Discuss the concepts of grieving and loss, as a natural process in the development of an individual.

4.1 Define grief.

4.2 Define loss.

4.3 Explore the variety of life situations in which individuals experience grief and loss.

4.4 Explore the impact of culture in relation to grief and loss.

4.5 Explore the role of the Registered Practical Nurse (RPN) in supporting clients experiencing grief and loss.

5.0 Describe the assessment of the health needs of a group within a community.

5.1 Define groups.

5.2 Define community.

5.3 Discuss a framework used in the health assessment of a group within a community.

5.4 Explore factors that affect the health of a group (Determinants of Health, culture, economy, technology, politics, environment, heredity).

5.5 Discuss health promotion and health protection strategies for a group within a community.

5.6 Identify community resources that promote health.

5.7 Discuss a variety of health concerns that influence nursing practice within a community.

5.8 Discuss the role of the practical nurse in promoting and maintaining health in a community.

5.9 Utilizing the Health Promotion Strategies (from the Ottawa Charter) and with consideration for the Determinants of Health, develop a plan a community group could use to promote health.

6.0 Describe the evolution of Canada's Health Care delivery system.

6.1 Explain why Canada is viewed as a welfare state.

6.2 Describe and discuss our current Health Care system and potential nursing implications (e.g., Levels of Health Care, types of institutions).

6.3 Describe major events preceding Canada's National Health Insurance Program.

6.4 Explain the principles upon which the Canadian Model of Health is founded (e.g., Canada Health Act, Federal {Aboriginal & Armed Forces} vs Provincial Responsibilities).

6.5 Identify the organization of our Health Care system and its impact on nursing (Municipal, Provincially, Nationally).

6.6 Identify how international Health Care systems (e.g., World Health Organization, NGO's) have and continues to impact our Canadian Health Care delivery system.

6.7 Describe indigenous health practices and the impact on the provision of care.

7.0 Propose a vision of health care for future populations of Canadians.

7.1 Describe present and future population of Canadians and the potential implications for nursing practice (e.g. changing demographics, immigration etc.).

7.2 Outline how changing political and health care systems in Canada have or potentially can impact nursing practice.

7.3 Review current health issues and future trends and potential nursing implications (e.g., Primary Health Care, Home care, Mental Health Issues, Human Health Resource shortages, Drug Costs, Wait times, Indigenous Health , Electronic Technologies).

7.4 Plan a vision for the future of health care in Canada evaluating the changing role of nursing and nursing practice.

GENERAL EDUCATION

This is not a General Education course.

PROGRAM OUTCOMES

This course contributes to the following Ministry of Colleges and Universities approved program learning outcomes (PLO):

Practical Nursing

1. communicate therapeutically with clients and members of the health care team.

2. assess clients across the life span, in a systematic and holistic manner.

3. plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines.

4. select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, to promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.

5. evaluate the outcomes resulting from all interventions in the nurse-client interaction and modify the plan of care as required.

7. adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.

ESSENTIAL EMPLOYABILITY SKILLS OUTCOMES

This course contributes to the following Ministry of Colleges and Universities approved essential employability skills (EES) outcomes:

4. Apply a systematic approach to solve problems.

5. Use a variety of thinking skills to anticipate and solve problems.

6. Locate, select, organize, and document information using appropriate technology and information systems.

8. Show respect for the diverse opinions, values, belief systems, and contributions of others.

9. Interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of goals.

10. Manage the use of time and other resources to complete projects.

11. Take responsibility for one's own actions, decisions, and consequences.

EXTERNAL COURSE ACCREDITATIONS AND CONDITIONS

This course is a compulsory course within the Canadore College Practical Nursing program, as reviewed and approved by the
College of Nurses of Ontario

COURSE EVALUATION

Evaluation Item	Weight
Tests	85%
Assignment	15%

COURSE PASS GRADE

60

GRADING SYSTEM

A+:	90-100%	B+:	77-79%	C+:	65-69%	D:	50-54%	S - Satisfactory
A:	85-89%	B:	73-76%	C:	60-64%	F:	0-49%	I - Incomplete
A-:	80-84%	B-:	70-72%	D+:	55-59%			F- Repeat Course, included in GPA
								FS- Failure Supplemental
								FR- Repeat course, excluded from GPA

*For a complete chart of grades and descriptions, please see the Grading Policy.

LEARNING RESOURCES

No textbooks have been identified for this course.

Additional Learning Resources:

Most of the required textbooks for the program are bundled into a Total Solution Package (TSP) through our publisher Elsevier. The TSP package includes eBooks as well as access to all the required online resources such as Sherpath, Clinical Skills videos, Shadow Health simulations, Adaptive Quizzing EAQ's, HESI preparatory exams and software for this course and many others throughout the program. Textbooks and course resources that are not included in the TSP must be purchased independently, as listed in each course outline and syllabus. Resources listed on the course outline support the achievement of learning outcomes and may be used throughout the course/program to varying degrees depending on the instructor's teaching methodology and the nature of the resource. Faculty may, at their discretion, integrate TSP resources into class activities, graded assessments, or preparatory work for courses/labs/clinicals and the College of Nurses of Ontario registration exam.

The fee for this bundle will be charged to your student account as part of the semester program fees. The bundle fee is intended to be rolled into your Program Fees at the beginning of each academic year; however, the Administration reserves the right to post it as a separate charge later in the term or each semester. Please monitor your student account for any subsequent billing and direct any questions to the Admissions Office. For the fee structure please see https://cdn.agilitycms.com/canadore-college/eText%20eResource%20Fees.pdf

Upon entry to the program students will have the option of accepting the full package or to "opt out" of the nonevaluative resources of the package. If they choose to "opt out", they will be required to meet with the program coordinator to discuss the TSP and sign a declaration prior to 4:00 pm on the first Friday of the first semester of the program/year. After this deadline, access for the entirety of the program is final and non-refundable. Full deployment of the resources will begin shortly after the opt-out window closes.

Please see the Campus Bookstore to verify the current textbook costs and your program page for additional program fees and/or learning material requirements (see the "Tuition Fees" and "What You Need" sections).

Resources listed on the course outline support the achievement of learning outcomes, and may be used throughout the course to varying degrees depending on the instructor's teaching methodology and the nature of the resource.

Technology requirements - https://www.canadorecollege.ca/BYOD

The Harris Learning Library's staff can help you find resources to support your learning - www.eclibrary.ca

LEARNING ACTIVITIES

In-class activities. Class presentation.

DELIVERY MODE

This course may be delivered, in whole or in part, in a number of modalities, including In-Person, Remote (synchronous and/or asynchronous), hybrid, or Hyflex, as per accreditation and/or regulatory standards where appropriate. This information is identified on the course schedule (student and faculty).

RECORDING GUIDELINES

This class may be recorded by faculty of the College. Faculty will inform students when recording of the class commences and ceases. 'Recorded' means that the audio-visual and chat portions of the class will be recorded and then be stored on the College or vendor provider server. They will be made available to students, but only for the express and sole use of those registered in this course. If you have any questions or concerns about this recording, please contact your instructor or the College's privacy officer at privacy.officer@canadorecollege.ca. Full recording guidelines can be found at: https://cdn.agilitycms.com/canadore-college/academic-centre-of-excellence/Canadore%20Recording%20Guidelines.pdf. Recordings are to be managed (or removed) as per the College's Recording Guidelines following the completion of the course.

ACADEMIC POLICIES

Canadore College is committed to the highest standards of academic integrity, and expects students to adhere to these standards as part of the learning process in all environments. The College's Academic Integrity policy seeks to ensure that all students understand their rights and responsibilities in upholding academic integrity and that students receive an accurate and fair assessment of their work. Please review the Academic Integrity policy (A-18) and other academic policies found on our website: https://www.canadorecollege.ca/about/policies.

COLLEGE POLICIES

- Protecting human rights in support of a respectful college community

For college policies please see: http://www.canadorecollege.ca/about-us/college-policies.

Accessibility Learning Services for Students with Disabilities - Student Success Services

Student Success Services provides comprehensive support to students. We aim to ensure that all students have equal access to educational opportunities and can succeed in their academic journey. Our services focus on reducing and eliminating barriers related to education through individualized accommodations and support. If you are a student with a disability, we encourage you to register with Accessible Learning by completing the Student Success – Accessible Learning Services Form (https://canadorecollege-accommodate.symplicity.com/public_accommodation/).

For more detailed information about the services offered, please visit our webpage: https://isucceed.canadorecollege.ca/students. To connect with Student Success Services email studentsuccessnow@canadorecollege.ca or call 705.474.7600 ext 5205.

FIRST PEOPLES' CENTRE:

A culturally supportive and comfortable environment where you can study, socialize, and access a wide range of resources and confidential student focused services.

- Counselling services
- Elders on Campus and Cultural Advisors
- Cultural and Spiritual Wellness
- Peer tutoring/Peer Mentorship
- wholistic support network
- Social events and workshops on study skills, self-care & life skills

Drop by our offices at C254 College Drive, W103 Commerce Court or Call 705-474-7600 Ext. 5961

https://www.canadorecollege.ca/first-peoples-centre

WAIVER OF RESPONSIBILITY

Every attempt is made to ensure the accuracy of this information as of the date of publication. The college reserves the right to modify, change, add, or delete content.

HISTORICAL COURSE OUTLINES

Students use course outlines to support their learning. Students are responsible for retaining course outlines for future use in applications for transfer of credit to other educational institutions.

ADDITIONAL DISCLAIMER NOTE

Students are expected to adhere to the policies and procedures as outlined in the Practical Nursing Student Success Guide 2025-2026. All previous guides will not apply.