



**SHINGWAUK
KINOOMAAGE GAMIG**

Centre of Excellence in Anishinaabe Education

SELF-DEFENCE CLASS

Instructed by Chris Troch

FRIDAY, MARCH 27TH, 2026

1:00 PM START TIME

**Open to Staff and
SKG & Algoma U FNMI Students**

Shingwauk Kinoomaage Gamig

1491 Queen St. E, Sault Ste. Marie, ON



**No equipment needed.
Just wear your comfy clothes and a good attitude!**

For questions, contact Jamie Manitowabi-Fox: academicsupport@shingwauku.org